

Parvinder Kaur Chawla MBBS, MD

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Dr. Parvinder K. Chawla graduated from Christian Medical College Ludhiana in 1997. After completing her post-graduation in Internal Medicine from Government Medical College Patiala, she joined Fortis Hospital Mohali in 2001. Since then, she has gained first-hand experience in fields as diverse as emergency medicine to preventive medicine, honed her diagnostic skills and developed expertise in managing common and uncommon medical problems. She did Fellowship in General Infectious Diseases from Christian Medical College Vellore in 2020 and has a keen interest in Infectious Diseases and Adult Vaccination. She has lately been working as a Senior Consultant in the Department of Internal Medicine at Fortis Hospital Mohali. In addition, beginning January 2025, she has been privileged to return to her alma mater, Christian Medical College, Ludhiana, as a visiting consultant in Infectious Diseases.

She is a firm believer in minimalism and holistic health, and encourages her patients to follow the path of prevention, while taking help from minimum investigations and medicines where needed. Her recipe for holistic health is a 'toned body, trained mind and tuned-in soul'.

Publications

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